

HOW TO FIND US



60 Chiswick Common Road,
London W4 1RZ.

By bus from Hammersmith:
190, 267 (travelling in the direction of
Chiswick & Ealing)

By train to Turnham Green tube station.

By car pay and display parking on
adjacent roads.

We are experienced at hosting...

- Company team building events, ideal for improving staff motivation
- Corporate tournaments
- Five a side tournament as part of your stag celebrations.
- Adult birthday parties
- We organise fixtures, referees, trophies and presentations.



rocks lane
multi sports centres

020 8994 1313 rockslane.co.uk

Adult sports

JUMPERS FOR GOALPOSTS



**Home of London's most friendly
5 a side football competitions.**

Play on floodlit artificial grass pitches with rebound boards to keep the action flowing. We have a pavilion to take refreshments, change and seek help and advice. All your fixtures, results and league tables will be online.

10 week season, one match per week

Jumpersforgoalposts matches

per week £39.00
10 weeks £360.00

TENNIS: PRIVATE & SHARED LESSONS

Lesson for 1	1 lesson	£33.00
	10 lessons	£310.00
Lesson for 2	1 lesson	£35.00
	10 lessons	£330.00
Lesson for 3	1 lesson	£37.00
	10 lessons	£350.00

Call the office to arrange lessons.

TENNIS: ADULT COACHING COURSES

Four week courses for beginners and improvers. Please call the office for more details.

NETBALL LEAGUES

Please call the office for more details.

2011 CHARITY TOURNAMENTS

Please call 020 8994 1313 for more details
or visit our website www.rockslane.co.uk

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Pitch/court bookings

PITCH BOOKINGS

Football

Sand filled artificial grass
pitch per hour £55.00

Rubber filled artificial
grass pitch per hour £60.00

Netball £42.00

Crazy golf per round £3.00

TENNIS COURT BOOKINGS

- To book in advance simply call
020 8994 1313
- Pay by debit or credit card

Advanced booking scheme charges

Number of credits	Total cost	Cost per hour Daylight 2 credits	Cost per hour Floodlight 3 credits
10	£50.00	£10.00	£15.00
22	£99.00	£9.00	£13.50
36	£135.00	£7.50	£11.25

Turn up on the day and play

Daylight per hour £11.00

Floodlight per hour £15.00

Please note

No refunds will be given once pitch and tennis court bookings have been paid for. A credit will be given if you cancel and your pitch/court is re-sold.

sports programme

Chiswick Spring 2012



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Junior sports

JUNIOR TENNIS PROGRAMME

Saturday 7 Jan - 31 March		13 weeks
7 - 10 years	9.00-10.00	£117.00
7 - 10 years	10.00-11.00	£117.00
11 - 15 years	10.00-11.00	£117.00
Advanced 5 - 6 yrs	11.00-11.45	£113.75
5 - 6 years	11.45-12.30	£113.75
3 - 4 years	12.30-13.00	£110.50
Advanced 11-15 yrs	13.00-14.00	£117.00

Wednesday 4 Jan - 28 March		12 weeks
3 - 4 years	15.30-16.00	£102.00
5 - 6 years	16.15-17.00	£105.00
7 - 10 years	17.00-18.00	£108.00

JUNIOR CRICKET PROGRAMME

For further information and to set up your own group please call 020 8994 1313 or contact a member of staff.

Spring Half Term

Mon 13 February - Fri 17 February

- No weekday after school sessions.
- Holiday courses during the day Monday to Friday. Courses continue every Saturday and Sunday.

All courses at Rocks Lane
You can join a course at any time during the term. If the days or times don't suit, why not put your own group of friends together at a convenient time?

JUNIOR FOOTBALL PROGRAMME

Saturday 7 Jan - 31 March		13 weeks
U4 A	10.00 - 10.30	
U4 B	10.30 - 11.00	
U4 C	11.00 - 11.30	
U5	9.00 - 9.45	
U6	9.45 - 10.30	
U7	10.30 - 11.30	
U8	11.30 - 12.30	
U9	11.30 - 12.30	
U10-U11	12.30 - 13.30	
Girls Football	9.00 - 10.00	
All Groups		£117.00

We run courses seven days a week, please call for further information. All footballers must bring their own football, available to buy in the pavilion.

FRIDAY NIGHT FIVES

Kick start the weekend!

Enter your own team in our floodlit 5-a-side League for 6-12 year olds
Friday 6 January - 30 March, 14 weeks
Kick off 4.30pm onwards.
Cost per team £348.

- No match Friday 17 February
- Each team must provide a match ball
- Check team progress online
- Does your FNF team need extra football training? Extra sessions available after school or at weekends.

ROCKS LANE FOOTBALL CLUB

All newcomers to our junior football programme are invited to join Rocks Lane Football Club. Membership provides one with a Rocks Lane Football Kit, a Rocks Lane football and free use of our pitches at off peak time, as long as one remains part of the junior football coaching programme. The one off cost of membership is £25.

SPORTING BIRTHDAY PARTIES

Football, tennis, netball, multi-sports or crazy golf.

1 coach	1 hour	£92
	1.5 hour	£120

1 coach + assistant	1 hour	£120
	1.5 hour	£160

Bus	45minutes	£80
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Extra pitch	1 hour	£26
	1.5 hours	£37



HOLIDAY COURSES

Spring half term

Monday 13 February - 17 February

Easter Holiday Camp

Monday 2 April - Friday 20 April
(no camp on Good Friday and Easter Monday)

10.00-11.00	Football
11.00-12.00	Tennis
12.00-13.00	Cricket/Crazy golf
13.30-15.30	Put your own group together, minimum of four children

Please call 020 8994 1313 for further information.

- Please reserve places in advance
- Classes are divided into groups by age and ability

Flexible booking scheme

- Book an hour, a morning, a day or a week playing a combination of tennis, football, cricket & rounders
- No need to book weeks ahead or to commit for the whole week
- We fit in with your holiday plans and keep your children happily entertained when you need free time

Credits	Each	Total cost
1	£8.50	£8.50
5	£8.00	£40.00
10	£7.50	£75.00
20	£6.00	£120.00
40	£5.00	£200.00