

Junior sports

JUNIOR TENNIS PROGRAMME

| Saturday 7 Jan - 31 March | | 13 weeks |
|---------------------------|-------------|----------|
| 7 - 10 years | 9.00-10.00 | £117.00 |
| 7 - 10 years | 10.00-11.00 | £117.00 |
| 11 - 15 years | 10.00-11.00 | £117.00 |
| Advanced 5 - 6 yrs | 11.00-11.45 | £113.75 |
| 5 - 6 years | 11.45-12.30 | £113.75 |
| 3 - 4 years | 12.30-13.00 | £110.50 |
| Advanced 11-15 yrs | 13.00-14.00 | £117.00 |

| Wednesday 4 Jan - 28 March | | 12 weeks |
|----------------------------|-------------|----------|
| 3 - 4 years | 15.30-16.00 | £102.00 |
| 5 - 6 years | 16.15-17.00 | £105.00 |
| 7 - 10 years | 17.00-18.00 | £108.00 |

JUNIOR CRICKET PROGRAMME

For further information and to set up your own group please call 020 8994 1313 or contact a member of staff.

Spring Half Term

Mon 13 February - Fri 17 February

- No weekday after school sessions.
- Holiday courses during the day Monday to Friday. Courses continue every Saturday and Sunday.

All courses at Rocks Lane
You can join a course at any time during the term. If the days or times don't suit, why not put your own group of friends together at a convenient time?

JUNIOR FOOTBALL PROGRAMME

| Saturday 7 Jan - 31 March | | 13 weeks |
|---------------------------|---------------|----------------|
| U4 A | 10.00 - 10.30 | |
| U4 B | 10.30 - 11.00 | |
| U4 C | 11.00 - 11.30 | |
| U5 | 9.00 - 9.45 | |
| U6 | 9.45 - 10.30 | |
| U7 | 10.30 - 11.30 | |
| U8 | 11.30 - 12.30 | |
| U9 | 11.30 - 12.30 | |
| U10-U11 | 12.30 - 13.30 | |
| Girls Football | 9.00 - 10.00 | |
| All Groups | | £117.00 |

We run courses seven days a week, please call for further information. All footballers must bring their own football, available to buy in the pavilion.

FRIDAY NIGHT FIVES

Kick start the weekend!

Enter your own team in our floodlit 5-a-side League for 6-12 year olds Friday 6 January - 30 March, 14 weeks
Kick off 4.30pm onwards.
Cost per team £348.

- No match Friday 17 February
- Each team must provide a match ball
- Check team progress online
- Does your FNF team need extra football training? Extra sessions available after school or at weekends.

ROCKS LANE FOOTBALL CLUB

All newcomers to our junior football programme are invited to join Rocks Lane Football Club. Membership provides one with a Rocks Lane Football Kit, a Rocks Lane football and free use of our pitches at off peak time, as long as one remains part of the junior football coaching programme. The one off cost of membership is £25.

SPORTING BIRTHDAY PARTIES

Football, tennis, netball, multi-sports or crazy golf.

| | | |
|---------------------|-----------|------|
| 1coach | 1 hour | £92 |
| | 1.5 hour | £120 |
| 1 coach + assistant | 1 hour | £120 |
| | 1.5 hour | £160 |
| Bus | 45minutes | £80 |
| Extra pitch | 1 hour | £26 |
| | 1.5 hours | £37 |



HOLIDAY COURSES

Spring half term

Monday 13 February - 17 February

Easter Holiday Camp

Monday 2 April - Friday 20 April
(no camp on Good Friday and Easter Monday)

| | |
|-------------|---|
| 10.00-11.00 | Football |
| 11.00-12.00 | Tennis |
| 12.00-13.00 | Cricket/Crazy golf |
| 13.30-15.30 | Put your own group together, minimum of four children |

Please call 020 8994 1313 for further information.

- Please reserve places in advance
- Classes are divided into groups by age and ability

Flexible booking scheme

- Book an hour, a morning, a day or a week playing a combination of tennis, football, cricket & rounders
- No need to book weeks ahead or to commit for the whole week
- We fit in with your holiday plans and keep your children happily entertained when you need free time

| Credits | Each | Total cost |
|---------|-------|------------|
| 1 | £8.50 | £8.50 |
| 5 | £8.00 | £40.00 |
| 10 | £7.50 | £75.00 |
| 20 | £6.00 | £120.00 |
| 40 | £5.00 | £200.00 |